

Formation for Mentoring and Ministry Event Purpose, Goals and Resources for Trainers

Resources are suggestive, not exhaustive

CORE FORMATIONS

Bring many gifts

(Dealing with differences)

Purpose

To encourage mentors to develop an orientation to recognizing and celebrating difference in the group and in the wider world

Will use a variety of information and tools that help to foster the recognition and celebration of differences in the group and in the wider world

Building on Volume B seeing differences as rich contribution to God's creation

Goals

Name tools and resources

See own gifts and those of others in the training group

See gifts of those in each EfM group and how to elicit those gifts

See gifts of others in the wider world

See default positions that arise during stress

Resources

Learning styles

Kaleidoscope Institute

Myers-Briggs

Enneagram

Strengths Finder

Group Life Cycle

FIRO-B: Inclusion, Control, Affection

Emotional Intelligence

Multi-Level lessons

Stages of faith formation

Spiritual gifts inventory

Other possibilities and proposed topics

Deepening TR – 4 movements and 4 Sources

Purpose

To empower mentors in the discipline of theological reflection by providing experiences to strengthen their confidence and deepen their knowledge of the 4 movements, 4 Sources and perspective questions

Limit 9 participants or less

Goals

Conduct TR more effectively

To learn from the experiences of colleagues

To grow your personal toolbox of resources

To inhabit a complete understanding of the 4 movements and 4 Sources

Resources

Mentor Resources

RRG for upcoming year

Handouts and colleague mentors

Designing Seminars for Experiential Learning

Purpose

Provide opportunities to learn from experience by planning, leading, and evaluating design in order to apply learnings in participants' ministry

Goals

Identify elements of experiential learning that are part of EfM

Become familiar with some basic theories of experiential learning

Learn to plan, lead, and evaluate designs for EfM seminars

Resources

Transforming Bible Study by Walter Wink

Role play

Theories and materials

Learning styles

Exercises

Movies

Babette's Feast

Of Gods and Men

My name is Kahn

Ideas

Do, look, think, plan and Identify, Explore, Connect, Apply

Group Life Training

Purpose

To understand more deeply the importance of others in our life and to see more clearly how our identity and work is related to that of others.

The training seeks to deepen our capacity to use the gifts of the group as a whole so that we come to understand ourselves more fully and increase the capacity of ourselves and others to do our work more effectively.

Goals

To create an atmosphere of hospitality, a place where ideas and thoughts can be exchanged and challenged so that the individual and group life might be strengthened

To create a group where the wisdom of the group is observed and honored
Participants are expected to bring and share their life experiences and other resources to the group

To create a group where participants experience enhanced group life so that they might create generative groups at home

To identify what would make the learning received in training difficult to receive in the EfM groups

Process

To explore what might help a group be healthy and satisfying

To explore what might make group life difficult

To explore what might make group life promising

To explore how people's experience and learning styles affect the life of the group.

Resources

EfM materials
Asset Mapping

Ministry in Daily Life

Purpose

To discover what God is calling us to do and be, individually and collectively, then to find the myriad ways and resources needed to do it

Goals

To discover resources within my tradition that will help me discern my ministry

To understand how TR, particularly the 4 movements and 4 Sources, help to discern ministry, identify and capture insights and implications

To articulate what is God's work and how we are called to respond- to do what?

To create a map to guide our next steps in ministry, the 'so what'

Practice and develop listening skills

Resources

Journaling

Prayer

BCP: Baptismal Covenant, Catechism, Rite of Reconciliation

Scripture, Tradition, Reason

The 99%er from 815 (Church Center) website

RRGs

Living in the Baptismal Covenant by Fletcher Lowe

Jesus' model of ministry: Proclaim, Serve, Befriend, Receive

Peyton Craighill's work on ministry in daily life

We are Theologians by Fredrica Thompsett

Spirituality

Purpose

To foster growth in relationship with God

To cultivate the disciplines that dispose one to the grace of God:

prayer/meditation/contemplation, study, contact and work with the poor, regular sacramental worship, spiritual friendship

To further one's spiritual foundation for mentoring and ministry

Goals

Raise awareness of how the body, prayer and the natural order contribute to spiritual integrity

Recognize seasons of spiritual practice

Experience TR in order to open the mind, engage the heart and inspire response

Explore spiritual friendship with a partner during the training

Provide space and time for silence

Engage others in small groups

Recognize that we need the poor who teach us that we are all dependent on God

Experience different forms of prayer, meditation and contemplation

Resources

Richard Foster: *Celebration of Discipline* revised

Richard Foster: *Streams of Living Water*: Six major streams of spiritual formation - contemplative, charismatic, holiness etc

Prayer and Temperament

Thomas Greene: *Experiencing God*

Other resources from the trainers' experience

Worship

Purpose

To provide mentors an opportunity to develop a basic understanding of the purpose of ritual/liturgy and its role in marking holy time in the life of the seminar

Goals

Provide resources for expression in the Christian tradition

Provide understanding of the setting and components of liturgy and their roles in the creation of whole worship

Looking for opportunities for ritual expression in the EfM seminar

Cultivating an attitude of openness and experimentation for worship in the life of the seminar

Take learning about worship and ritual and apply to other groups in church and wider world

Practice designing worship in the training group

Resources

Books, BCP

Group brings examples of worship used in their group

Bring objects to enhance worship

Information about online resources

If available, use places marked for worship (labyrinths, etc)

ELECTIVE FORMATIONS

Alternate Mentor Training

Purpose

To support experienced mentors interested in exploring resources outside of EfM for training; To include 18 contact hours, use experiential learning techniques and to include information that is relevant to EfM mentoring. Please apply prior to training: esbakkum@sewanee.edu

Communicating with Peace and Purpose Under Pressure

Purpose

To be heard and to hear what participants and other loved ones are truly saying underneath the words they are saying; To take a simple method of communicating drawing on Marshal Rosenberg's Non-Violent Communication, that helps to avoid triggering a defensive reaction, and focus on understanding and coming to some new agreements; To prepare for and find one's way through a difficult conversation, whether in an EfM group or in other important relationships.

Recruiting

Purpose

To strengthen mentors' ability to enroll participants in EfM by building on the core strengths mentors have already learned; To become practiced at telling the story of how EfM brings purpose and value to one's own life; To learn to coach current participants and graduates to do the same; To learn to use some short courses in which theological reflection is built into the program, helping prospective participants to easily experience the value of such an approach.

Storytelling

Purpose

To draw from the most creative and accomplished fiction writers who have practiced their art in the form of story telling; To learn from the narrative arc of fiction, which is often called plot, in order for mentors to see the theological process in a whole new way.

Transitions

Purpose

To utilize the core EfM resources to equip mentors to identify, explore, plan and implement actions as we move through transitions to new life in the midst of change. This training will provide opportunities for mentors to build awareness of change and transition in their lives and to use theological reflection, stories and worship in order to live creatively in the midst of our changing and diverse world.

SPECIALIZED FORMATIONS

Mentoring an Online Group

Purpose

(No purpose statement has been composed for Formation Online Training.)

Mentoring in Prison

Purpose

To prepare and/or sustain mentors who mentor prison groups; To examine in depth the theology behind such ministry, the special concerns this ministry raises, and the safety and security issues. (1 trainer, 6-12 participants)